

# Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to FTF Programs

## Contact

*Are you a parent or caregiver looking for resources and support?*

### Healthy Families

A voluntary home visitation program that will provide support at risk prenatal families and families with newborns younger than 3 months. Program promotes healthy parent-child relationship, and assures healthy childhood development. Participation in the program is up to 5 years. Includes the following topics: child development; peer support for families; resource and referral information; health-related information; child and family literacy.

**Southwest Human Development**  
(602) 427-4682

### Kith and Kin

Provides early childhood training and support to family, friends and neighbors who are providing child care in their own homes. Increase knowledge of, activities for Children, Developmental Ages & Stages, Health & Safety, First Aid/CPR, Guidance & Discipline, Brain Development, Positive Communication.

**Association For Supportive Child Care**  
(480) 829-0500 ext. 1113 or ext. 1126

### Parents as Teachers

Offers free, voluntary in home parenting services for families with children birth through age five. This program includes parenting skills, early childhood development, literacy, and will connect parents with community resources to help them better support their child's health and early learning.

**Tanner Community Development Corporation**  
602-253-6904

### Family Resource Centers

Strengthen families by providing locally-based information and instruction on health and child development issues. The Resource Centers are embedded in local communities and provide families with young children access to information and/or education on a variety of child development and health topics.

Roosevelt Early Childhood Family Resource Center (MLK School)

**University of Arizona**  
(602) 980-3691

Worthy Institute Family Resource Center

**The Worthy Institute**  
(602)258-3300

Murphy Elementary School District Family Resource Centers (call school district for hours of operation)

**Murphy School District**  
602-353-5070

Maricopa Integrated Health System Family Resource Center

**Maricopa Integrated Health System**  
(602) 344-2629

*Do you have parenting questions, or need advice?*

**Birth to Five Helpline**  
1-877-705-KIDS

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*Are you looking for pregnancy support services?*

**Prenatal Outreach**

Focuses on home and community-based pre/postnatal services around improving birth outcomes, health, safety, injury prevention and successful development and attachment of parents with their babies.

**Nurse Family Partnership**

Provides home visits to first time expectant mothers. The nurse meets with and teaches the expectant mother her role in having a healthy pregnancy and what to expect after her baby is born. Home visits with the nurse can continue until the baby is two years old. *Please call for eligibility.*

**South Phoenix Healthy Start**

(602) 304-1166

**Maricopa Integrated Health System**

(602) 344-2629

**Maricopa Count Dept of Public Health Nurse  
Family Partnership**

(602) 506-6782

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**First Things First South Phoenix Regional Partnership Council**

**For more information contact:**

Jonathon Gonzales, Regional Director at [jgonzales@azftf.gov](mailto:jgonzales@azftf.gov) or  
Rana Hermosillo, Community Outreach Coordinator [rhermosillo@azftf.gov](mailto:rhermosillo@azftf.gov) or 602-771-5076

**South Phoenix Zip Codes**

**85009, 85031, 85033, 85035, 85037, 85040,  
85041, 85042, 85043, 85339**